

AD/HD BEGINNER'S GROUP (INTENSIVE WEEKEND FORMAT)

Parent Meeting May 3rd, 2018, 6-8:00 p.m.

Parent/Student Meetings May 5th & 6th, 9 a.m. to 12
p.m. Jeff Sosne, Ph.D.

This group is designed for children ages 7-11 with problems of self-control and/or effortful attention (AD/ HD). Groups have run each year since 1982. The program strives to teach children how to work productively and behave appropriately within a group setting that more closely approximates classroom and social situations. The group model encourages peer support and enables the children to learn from each other. The program introduces behavioral, cognitive and emotional regulation skills that are reinforced through specially designed peer group activities.

The group is led by Dr. Jeff Sosne, a Children's Program child psychologist who specializes in helping children with attention and self-control problems. Dr. Sosne has conducted over 100 groups, serving over 1000 children.

The weekend begins with the Thursday parents-only class. Students and parents then meet on Saturday and Sunday for group activities. Parents observe the class so that they can help apply the same concepts at home. The cost of the group is \$280. To register visit our website: www.childrensprogram.com or call (503) 548-4844



NEW OPPORTUNITY: SPONSOR A TEACHER

Would you like your child's teacher to attend? To sponsor a teacher to attend the evening parent meeting AND/OR the weekend sessions, give our office a call at (503) 548-4844.

The cost to register a teacher is \$45.

IS YOUR CHILD TOO YOUNG/OLD TO ATTEND THE GROUP?

There is also an opportunity for parents to attend the evening informational meetings and observe the group sessions for a reduced cost of \$150. To register visit our website: www.childrensprogram.com or call (503) 548-4844