

## **HIBA JBARAH, PsyD**

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### **EDUCATION**

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**Pacific University** **Aug 2020 – Aug 2025**  
**School of Graduate Psychology (APA-Accredited Program)**  
**Hillsboro, OR**

- PsyD earned: August 2025
- MA earned: August 2022
- Child Emphasis Affiliate
- Dissertation: *Best psychological interventions for trauma among refugee minors and asylum seekers: A meta-analysis*
  - Chair: Paul Michael, PhD
  - Defended: June 2023

**University of Haifa** **Oct 2013 – Jun 2016**  
**School of Social Sciences – Department of Psychology**  
**Haifa, Israel**  
*MA, Clinical Educational Psychology*  
*GPA : 4.00*

**Ariel University of Samaria** **Feb 2007 – Jun 2011**  
**School of Social Sciences**  
**Ariel, Israel**  
*BA, Behavioral Sciences*  
*GPA:3.78*

### **HONORS AND AWARDS**

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#### **Honors**

**Outstanding Graduate Award, Pacific University** **Aug 2025**  
**Dean's Honor list, University of Haifa** **Jun 2016**  
**Dean's Honor list, Ariel University of Samaria** **Sep 2007**

#### **Scholarships**

**HEAL Scholarship award** **Aug 2023-Aug 2024**  
**Pacific University SGP Graduate Assistantship** **Aug 2020- July 2023**

### **CLINICAL TRAINING EXPERIENCE**

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**The Children's Program** **Sep 2025 – Sep 2026**  
**Portland, OR**

*Post-doctoral Internship – Psychologist Resident*

*Supervisors: Rebecca Marcin, PsyD, Priya Ramanujam PhD*

- Conduct diagnostic initial consultations with parents of children and youth
- Administer, score, and interpret screening measures
- Develop treatment plans and case conceptualization for children and youth
- Deliver diagnostic feedback and recommendations to patients and their families

- Gain experience working with children and adolescents presenting with a range of anxiety disorders, including OCD and tic disorders, as well as trauma-related issues, such as grief and loss, bereavement, and medical trauma
- Provide individual and parent training to clients coming from diverse backgrounds
- Deliver evidenced-based treatment such as behavioral therapy (CBT), trauma-focused cognitive-behavioral therapy (TF-CBT), and exposure and response prevention (ERP), while monitoring treatment progress
- Participate in Supportive Parenting for Anxious Childhood Emotions (SPACE) therapy group
- Attend and participate in Diversity, Equity, and Inclusion (DEI), Assessment, Treatment, and Clinical monthly meetings
- Conduct weekly Department of Human Services (DHS) evaluations
- Attend and participate in weekly individual and bi-weekly group supervision meetings

**The Children's Program**

**Aug 2024 – Aug 2025**

Portland, OR

*Pre-doctoral Internship – Psychology Intern*

*Supervisors: Nichole Sage, PsyD, Karina Peters PsyD*

- Conducted diagnostic initial consultations with parents of children and youth
- Administered, scored, and interpreted screening measures
- Developed treatment plans and case conceptualization for children and youth
- Delivered diagnostic feedback and recommendations to patients and their families
- Accumulated experience with children and youth dealing with various anxiety disorders and trauma disorders
- Provided individual and parent training to clients coming from diverse backgrounds
- Delivered evidence-based treatment such as behavioral therapy (CBT), trauma-focused cognitive-behavioral therapy (TF-CBT), and exposure and response prevention (ERP), while monitoring treatment progress
- Participated in Supportive Parenting for Anxious Childhood Emotions (SPACE) therapy group
- Co-facilitated Trust-Based Relational Intervention (TBRI) therapy parent group
- Attended and participated in Diversity, Equity, and Inclusion (DEI), Assessment, Treatment, and Clinical monthly meetings
- Attended and participated in weekly intern seminars
- Joined and participated in monthly Department of Human Services (DHS) evaluation
- Attended and participated in weekly individual and group supervision meetings
- Supervised practicum students' comprehension and application of Building on Our Skills Training (BOOST) modules and protocols, ensuring accurate implementation and fidelity

**Child Development and Rehabilitation Center**

**Aug 2023 – Jul 2024**

**Oregon Health & Science University**

**Doernbecher Children's Hospital**

**Diagnostic Intake Clinic**

Portland, OR

*Advanced doctoral practicum – LEND Trainee*

*Supervisor: Danny Duke, PhD*

- Conducted diagnostic clinical interviews for children, youth, young adults, and their families (ages 3 to 22)

- Administered, scored, and interpreted screening measures
- Developed treatment plans and case conceptualization for children, youth, young adults and their families
- Delivered diagnostic feedback and recommendations to patients and their families
- Wrote two weekly diagnostic assessment reports
- Documented assessment results, clinical notes, and reports on electronic health record system
- Assessment measures used: SCARED, SDQ, NICHQ Vanderbilt, MFQ

**Child Development and Rehabilitation Center**

**Aug 2023 – Jul 2024**

**Oregon Health & Science University**

**Doernbecher Children's Hospital**

**Pediatric Anxiety Treatment Clinic**

Portland, OR

*Advanced doctoral practicum – LEND Trainee*

*Supervisor: Danny Duke, PhD*

- Accumulated experience with children, youth, and young adults (ages 3 to 22) dealing with various anxiety disorders, including complex and comorbid conditions like obsessive-compulsive disorders, disruptive behaviors, neurodevelopmental issues, and complex medical conditions
- Developed treatment plans and case conceptualization for children, youth, young adults and their families
- Provided individual and family therapy to clients coming from diverse backgrounds
- Delivered evidenced-based treatment such as narrative exposure therapy (NET), trauma-focused cognitive-behavioral therapy (TF-CBT), family-based cognitive-behavioral therapy, and exposure and response prevention (ERP), while monitoring treatment progress

**The Children's Program**

**Sep 2022 – Jun 2023**

Portland, OR

*Doctoral practicum II – student clinician*

*Supervisors: Rebecca Marcin, PsyD, Zaheeda Virani, PsyD, Julia Rossi, PsyD*

- Observed and conducted private evaluations and assessments with children and youth (ages NB to 18)
- Observed and conducted evaluations for Department of Human Services (DHS) cases
- Attended and participated in biweekly group supervision meetings
- Attended and participated in weekly individual supervision meetings
- Attended, participated, and presented in Diversity, Equity, and Inclusion (DEI) monthly meetings
- Provided case conceptualization presentations to group supervision team
- Delivered an in-house presentation and facilitated a discussion with the clinic's staff
- Scored and documented assessment results, clinical notes, and integrated reports on electronic health record system
- Joined and observed Supportive Parenting for Anxious Childhood Emotions (SPACE) therapy group run by licensed psychologists
- Participated in an outcome assessment research project
- Assessment measures used: Bayley, BASC-3, BEERY VMI, BRIEF, CDI-II, CPT-3, CTOPP-2, D-KEFS, DP-3, GORT-5, K-CPT, KTEA, NEPSY-II, NICHQ Vanderbilt, PDDBI, TEACH, WIAT-4, WISC-V, WJ-ACH, WJ COG, WJ-ECAD, WPPSI-IV

**Pacific Psychology & Comprehensive Health Clinic**

**Aug 2022 – Jul 2023**

Hillsboro, OR

*Doctoral practicum II - student clinician*

*Supervisor: Niles Cook, PsyD*

- Provided Behavioral, Cognitive Behavioral, and Exposure therapy to children, youth, and young adults (ages 6 to 22)
- Provided bi-weekly parent training
- Conducted assessment and initial intakes for children, youth, young adults, and their families
- Attended and participated in weekly group supervision meetings
- Documented treatment plans, integrated reports, and clinical progress notes on electronic health record system
- Assessment measures used: ASEBA forms, BASC-3, BAI, BDI-II, CDI-II, EDE-Q, MMPI-A, OQ-45, PAI, PAI-A, WASI-II, WMS-III, YBOCS, YOQ 30.1

**Pacific Psychology & Comprehensive Health Clinic**

**Aug 2021 – Jul 2022**

Hillsboro, OR

*Doctoral practicum I - student clinician*

*Supervisor: Niles Cook, PsyD*

- Provided Behavioral and Cognitive Behavioral Therapy to children, youth, and young adults (ages 6 to 22)
- Conducted assessment and initial intakes for children, youth, young adults, and their families
- Attended weekly clinical trainings
- Attended and participated in weekly group supervision meetings
- Documented treatment plans, integrated reports, and clinical progress notes on electronic health record system
- Assessment measures used: ASEBA forms, BAI, BASC-3, BDI-II, CDI-II, MMPI-A, OQ-45, PAI, PAI-A, SCARED, The Rorschach Inkblot Test, WASI-II, WMS-III, Y-BOCS, YOQ

**Eh'ad Ha'am, Children and Youth Clinic**

**Sep 2014 - Jun 2015**

Haifa, Israel

*Practicum II student clinician*

*Supervisors: Lily Rothschild-Yakar, PhD, Gali Kalo, MA*

- Conducted therapy and assessments with children and youth (ages 5 to 18)
- Attended weekly clinical trainings
- Attended monthly grand round case conceptualizations
- Attended and participated in weekly private and group supervision meetings
- Documented service and progress notes on electronic health record system
- Assessment measures used: ASEBA forms, Bender-Gestalt Test, CAT, HTP, TAT, The Rorschach Inkblot Test, WISC-IV

**Zvoolon Educational Psychological Services Center**

**Sep 2013 – Jul 2014**

**Ibtin Elementary School**

Zvoolon, Israel

*Practicum I student clinician*

*Supervisors: Gabriela Avron, PhD, Eli Hagalili, MA*

- Conducted therapy and assessments (e.g., achievement, cognitive, and emotional development) with children and youth (ages 6 to 12)

- Attended weekly clinical trainings
- Attended monthly grand round case conceptualizations
- Attended and participated in weekly private and group supervision meetings
- Documented service and progress on electronic health record system
- Collected and interpreted student and classroom data
- Provided individual and group counseling
- Collaborated with teachers, parents, and other professionals to develop and implement strategies to support students' academic and social development
- Evaluated school climate and worked with staff to enhance school connectedness
- Conducted class interventions and weekly clinical-educational observations
- Assisted different teachers and staff in adjusting classroom learning experiences routines to improve student engagement and learning
- Assessment measures used: Bender-Gestalt Test, CBRS, Conners, HTP, TAT, The Rorschach Inkblot Test, WISC-IV

## RESEARCH EXPERIENCE

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### **Doctoral Dissertation**

**Aug 2021 – Jun 2023**

#### **Pacific University**

*Chair: Paul Michael, PhD*

*Title: Best psychological interventions for trauma among refugee minors and asylum seekers: A meta-analysis*

- Collected, coded, and analyzed data from numerous scholarly articles and relevant publications to ensure a thorough review of existing literature and interventions
- Conducted statistical analyses to synthesize the findings from various studies and identify trends and patterns in the efficacy of different psychological interventions
- Critically evaluated the quality and validity of the selected studies and ensured the accuracy of the conclusions drawn from the meta-analysis
- Produced a detailed meta-analysis report, highlighting key findings, summarizing the results of the individual studies, and identifying the most common patterns in psychological interventions for trauma among refugee minors
- Presented the research findings implications and recommendations for future research as part of the dissertation defense

### **Qualitative Analysis Project**

**Mar 2021 – April 2022**

#### **Pacific University**

*Research Assistant*

*Doctoral Dissertation Student: JoAnna Sendejo*

*Supervisor: Allison Brandt, PhD*

- Attended meetings with students and chair
- Utilized Interpretative Phenomenological Analysis to develop similar themes in a pool of different responses from interviews
- Assisted with Western Psychological Association conference submission and poster preparation

### **Cognition Research Team**

**Oct 2009 – Jul 2010**

#### **Ariel University**

*Research Assistant*

*Supervisor: Samuel Shaki, PhD*

- Recruited participants for the research

- Administered lab experiments and explained experiment instructions to different participants
- Collected data and saved it into SPSS dataset
- Attended and participated team discussions and presentations

**Cognitive-Behavioral Research Team**

**Oct 2008 – Jul 2009**

**Ariel University**

*Team member*

*Supervisor: Ariela Gigi, PhD*

- Attended and participated in team discussions and presentations
- Helped in administering different research procedures

**PRESENTATIONS**

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**Jbarah, H.** (2023, March 2). *Revisiting the serotonin hypothesis of depression* [In-house presentation]. The Children's Program, Portland, OR, United States.

Sendejo, J., **Jbarah, H.**, Sabado, J., & Christian-Brandt, A. (2022, April 28-May 1). *Examining school staff perceptions of a trauma-informed care initiative across time: a qualitative analysis* [Poster session]. Western Psychological Association 2022 Annual Convention, Portland, OR, United States.

**Jbarah, H.**, Jabali, A., & Gigi, A. (2012, November 5-8). *Cultural differences in reacting to terrorism* [Conference presentation]. Acculturative Stress & Coping with Cultural Transition Conference, Tel Aviv, Israel.

**TEACHING EXPERIENCE**

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**Teaching Assistant, Advanced Statistics**

**Jan 2023 – April 2023**

*Pacific University School of Graduate Psychology, Hillsboro, OR*

*Instructor: Paul G. Michael, PhD*

- Held zoom meetings for students to express concerns and/or questions related to the course's assignments and material
- Graded weekly lab assignments

**PROFESSIONAL SERVICE**

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**Child Emphasis Graduate Assistantship**

**Aug 2021 – Jul 2023**

**Pacific University School of Graduate Psychology**

*Graduate Assistant*

*Faculty: Catherine Miller, PhD, ABPP*

- Planned and coordinated child emphasis gatherings and cohort meetings
- Assisted child emphasis director
- Assisted in building and developing a comprehensive online page/platform for child emphasis related resources and materials
- Coordinated child emphasis inter-cohort internship symposiums

**Pacific University School of Graduate Psychology  
Hillsboro, OR**

**Sep 2022 – Jul 2023**

*Student Association Representative*

- Participated in monthly student association meetings, PsyD faculty meetings, and meeting with PsyD Program Director and PsyD Academic Director

- Provided a safe place for students to share concerns and feedback about their experiences in the PsyD program and advocate for students during PsyD meetings with administration

**Pacific University School of Graduate Psychology  
Hillsboro, OR**

**Aug 2021 – Jul 2023**

*Student Ambassador*

- Welcomed students and lead campus tours
- Connected with potential/prospective students for the PsyD program, provided information and answered questions related to the program in general, program-student fit, and clinical-educational goals
- Participated in open house days and answer questions during student panel sections

**Pacific University School of Graduate Psychology  
Hillsboro, OR**

**Aug 2020 – Jul 2021**

*Graduate Assistant*

*Faculty: Allison Brandt, PhD*

- Assisted in searching and putting together a resources list that contains equity, diversity, and inclusion resources for graduate BIPOC Students and students from other minorities
- Scheduled and planned Child Emphasis gatherings for faculty and students

**COMMUNITY OUTREACH**

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**Forest Grove Community School  
Forest Grove, OR**

**Apr 2022-Jun 2022**

*Doctoral Practicum Student*

*Supervisor: Niles Cook, PsyD*

- Provided weekly group behavioral-social interventions for fifth graders in a community school

**Sabiduría Emphasis Pacific University  
Hillsboro, OR**

**May 2021- Jul 2021**

*Graduate assistant*

*Supervisor: Ruth Zúñiga, PhD*

- Helped prepare wellness care packages for Latinx families and elderly
- Aided in setting up virtual event using eventbrite

**RELEVANT WORK EXPERIENCES**

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**The Children's Program  
Portland, OR**

**Oct 2023 – Present**

*Psychometrist*

*Supervisor: Stephen Beard, PsyD*

- Conduct cognitive, achievement, and ADHD evaluations and assessments with children and youth (ages 5 to 18)
- Score and document assessment results and clinical notes on electronic health record system
- Assessment measures used: BASC-2, BASC-3, BEERY VMI, BRIEF, CDI-II, CPT-3, CTOPP-2, D-KEFS, GORT-5, K-CPT, NEPSY-II, NICHQ Vanderbilt, TEACH, WIAT-4, WISC-V, WJ-ACH, WJ COG, WPPSI-IV

**Gesher Crisis Center for Children and Youth  
Shalvata Psychiatric Hospital  
Kfar Saba, Israel**

**Jul 2015- Jul 2017**

*Clinical Assistant*

- Worked with children (ages 5 to 18) suffering from a variety of mental disorders, provided exposure therapy, and enabled emotional space and support to children and their families
- Administered different psychological screenings
- Attended intake interviews and participated in the clinic's weekly staff discussions
- Attended biweekly didactic training
- Collected intake data and assisted in writing integrative reports

**Gesher Crisis Center for Children and Youth  
Shalvata Psychiatric Hospital  
Kfar Saba, Israel**

**Oct 2011- Sep 2013**

*Clinical Assistant, substitute teacher*

- Worked with children (ages 5 to 18) suffering from a variety of mental disorders, provided exposure therapy, and enabled emotional space and support to children and their families
- Attended intake interviews and participated in the clinic's weekly staff discussions
- Provided instruction, explanations, and assistance to children of varying ages with their schoolwork, exam preparation, and educational materials

**Shalvata Hospital & Gesher Crisis Center for children and youth  
Hod Hasharon, Israel**

**Oct 2010- Sep 2011**

*Volunteering Assistant*

*Supervisor: Shaul Contini, MA*

- Worked with children and youth suffering from a variety of mental disorders, and utilized communication skills to provide meaningful and empathic support they need
- Attended biweekly didactic trainings
- Attended intake interviews and participated in the clinic's weekly staff discussions

**Makabi Health Care Facility  
Taybeh, Israel**

**Oct 2007 – Oct 2008**

*Front Desk Worker*

- Scheduled appointments and conducted other patients related tasks
- Answered phones, provided information and assistance to patients in the facility
- Worked collaboratively with physicians and clinical staff to support patient services

**INTERPROFESSIONAL EXPERIENCES (NON-PRACTICUM RELATED)**

**Pacific University, College of Health Professions  
Hillsboro, OR**

**Mar 2021**

*Interprofessional Case Conference*

*Topic: IP Work in a School Based Setting*

*Professors: Caroline McCarty, OT; Shruti Gadkari, OT*

- Explored the roles and responsibilities of different team members involved in cases within school-based settings and how different members can work together to support the student



- Collaborated with other interprofessional students and discussed the different roles and team work responsibilities that can be combined to assist in the context of a specific case study in educational setting

**Pacific University, College of Health Professions  
Hillsboro, OR**

**Feb 2021**

Interprofessional Case Conference

Topic: Social Determinants of Health

*Professors: Andrew Bzowickij, SoP; Diana Honorat, OT; Jane Tram, SGP; Brian Wilkinson, PT*

- Worked in interprofessional teams with other College of Health Professions students
- Further developed strategies to meet specific health and healthcare needs of patients and populations
- Explained the roles and responsibilities of other providers and how the team works together to provide care, promote health, and prevent disease

**Pacific University, College of Health Professions  
Hillsboro, OR**

**Feb 2021 – Mar 2021**

Foundations of Interprofessional Competence Course

*Professors: Brian Wilkinson, PT; Huy Hoang, PharmD*

- Communicated and collaborated with other health professional graduate students within the College of Health Professions
- Used interprofessional team work to address a case presentation
- Cultivated an appreciation and understanding of the valuable role of the healthcare team for effective patient care
- Developed entry level mastery of the four competencies of interprofessional practice

**TRAININGS, CERTIFICATES, & LICENSURE**

Oregon Health & Science University (OHSU) – Association of University Centers on Disabilities Training	<b>Aug 2023</b>
Health Insurance Portability and Accountability (HIPAA)	<b>May 2023</b>
Basic Life Support (CPR and AED)	<b>May 2023-June 2026</b>
Diversity Conference - Decolonizing Psychology: Dismantling Oppression & Empowering the Oppressed	<b>May 2022</b>
Western Psychological Association 2022 Annual Convention – Advancing Diversity, Social Justice and Sustainability	<b>April 2022</b>
Trauma-Focused Cognitive Behavioral Therapy	<b>Oct 2021</b>
Question Persuade Refer (QPR) Suicide Prevention	<b>Sep 2021</b>
Telepsychology Best Practices 101	<b>Sep 2021</b>
Diversity Conference - Resiliency in a Year of Grief and Loss	<b>May 2021</b>
Basic Life Support (CPR and AED)	<b>May 2021-May 2023</b>
CITI Social & Behavioral Research Training Certification	<b>Jan 2021</b>
Licensed psychologist by the Ministry of Health, Israel ( <i>License #27-142555</i> )	<b>Aug 2017</b>
The Tel Aviv Institute for Contemporary Psychoanalysis - Levels of therapeutic work and levels of pathology with Anne Alvarez.	<b>Jun 2016</b>
The fifth national conference about ADHD - ADHD in Medicine	<b>Apr 2016</b>
Learning Disabilities – Innovations in Knowledge and ways in therapy	<b>Nov 2013</b>
1st International Conference on Cultural Psychiatry in Mediterranean Countries – Acculturative Stress & Coping with Cultural Transition	<b>Nov 2012</b>

PROFESSIONAL MEMBERSHIPS

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The American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy)	<b>May 2021-May 2024</b>
American Psychological Association <i>Division 37: Society for Child and Family Policy and Practice</i> <i>Division 45: Society for the Psychological Study of Culture, Ethnicity and Race</i>	<b>May 2021-Dec 2023</b>
Oregon Psychological Association	<b>Oct 2021-Oct 2023</b>

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