

Erica Tobin

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EDUCATION

Doctor of Psychology (PsyD) Clinical Psychology

Sept. 2020 – Aug. 2025

Pacific University, Hillsboro, OR (APA Accredited)

School of Graduate Psychology

Child Emphasis

Master of Arts (MA) Clinical Psychology

Sept. 2020 – Aug. 2022

Pacific University, Hillsboro, OR

School of Graduate Psychology

Master of Arts (MA) Counseling Psychology

Sept. 2018 – June 2020

University of Denver, Denver, CO

Morgridge College of Education

Bachelor of Science (BS) Psychology

Sept. 2012 – Dec. 2017

Bachelor of Science (BS) Exercise Biology

University of California, Davis, CA

College of Letters and Science

College of Biological Sciences

CLINICAL TRAINING EXPERIENCE

Children's Program – Portland, OR

Sept. 2025 – Present

Psychologist Resident

Supervisors: Casey Wixson, PsyD; Rose Eagle, PhD

- Deliver evidence-based interventions for diverse clinical presentations, including anxiety, depression, and autism spectrum disorder (ASD).
- Facilitate parent training sessions to support skill generalization and family involvement in treatment
- Maintain accurate and timely clinical documentation in Nexus, an electronic health record system
- Conduct initial consultations for therapeutic interventions and psychological assessments.
- Administer psychological assessments and produce integrated evaluation reports for children and adolescents with developmental delays, learning differences, executive functioning challenges, autism, and anxiety.
- Deliver feedback to parents following evaluations and provide tailored recommendations based on assessment results.

Children's Program – Portland, OR

Sept. 2024 – Aug. 2025

Predoctoral Intern

Supervisors: Stephen Beard, PsyD; Rose Eagle, PhD

- Use evidence-based interventions to treat a variety of presenting concerns and diagnoses, including anxiety, depression, and ASD
- Conduct parent training sessions when appropriate
- Maintain timely notes/records after each client interaction in Nexus, an electronic health record
- Conduct initial consultations for both intervention and assessments
- Conduct psychological assessments and write integrated reports for children and adolescents with developmental delays, learning differences, executive functioning deficits, autism, and anxiety
- Provide feedback to parents following evaluations and provide appropriate recommendations based on testing results
- Assessment instruments used: WISC-V, WPPSI, Beery-6, WIAT-4, WJ-IV Ach, WJ-IV Cog, WJ-IV Oral Language, FAR, FAM, WRAML-3, CTOPP-2, GORT-5, CPT-3, K-CPT-2, DKEFS, NEPSY-II, ADOS-2, BASC-3, BRIEF-2, Conners-3, Vanderbilt, ABAS-2, Vineland-3, SRS-2, MACI, SCARED
- Integrated reports completed at this site: 51

Portland Anxiety Clinic – Portland, OR

Sept. 2023 – July 2024

Student Clinician

Supervisors: Niles Cook, PsyD; Erin Cook, PsyD

- Used evidence-based anxiety treatment interventions, such as TF-CBT and ERP, to treat a variety of presenting disorders in youth ages 7-18 via telehealth
- Conducted parent training sessions when appropriate
- Created and maintained treatment plans based on presenting concerns
- Conducted psychological assessments and wrote integrated reports for individuals across the lifespan with developmental delays, learning differences, and/or executive functioning deficits
- Maintained timely notes after each client interaction in InSync, an electronic health record
- Assessment instruments used: WISC-V, WAIS-IV, WIAT-4, IVA-2, NEPSY-II, WMS, BRIEF-2, BASC-3, ADOS-2
- Integrated reports completed at this site: 5

Children's Program – Portland, OR

Sept. 2022 – July 2023

Student Clinician

Supervisor: Rebecca Marcin, PsyD

- Conducted global psychological assessments and provided related comprehensive integrated reports for children ages 3-18 with developmental delays, learning differences, or executive functioning deficits
- Conducted best interest evaluations for children in the foster care system to assess attachment, cognitive and academic functioning, and social-emotional functioning, and provided related recommendations

- Consulted with other psychologists, pediatricians, and child psychiatrists in relation to medical history, assessment, and treatment
- Maintained timely notes after each client interaction in Nexus, an electronic health record
- Created and presented a research project on the differentiation of ADHD and trauma
- Completed a research coding project using clinic patient data under direct supervision of Daniel Munoz, PhD
- Assessment instruments used: WISC-V, WPPSI, Beery-6, DKEFS, NEPSY-II, GORT-5, CTOPP-2, TEA-Ch, WRAML-3, WJ-IV ACH, WJ-IV ECAD, WJ-IV COG, WIAT-4, FAM, KTEA-3, MACI, K-CPT-2, CPT-3, BASC-3, MASC-2, CDI-2, Achenbach Behavioral Checklist (CBCL + TRF), Vineland, ABAS, BRIEF-2, Vanderbilt, Conners-3, TSCC, TSCYC
- Integrated reports completed at this site: 25

Pacific Psychology and Comprehensive Health Clinic – Hillsboro, OR Aug. 2021 – Aug. 2022

Student Clinician

Supervisor: Niles Cook, PsyD

- Conducted diagnostic evaluations and cognitive-behavioral therapy with children, youth, and young adults ages 6-27 in an outpatient community health clinic
- Administered, scored, and interpreted psychological assessments and screening tools
- Integrated assessment results and intake interview information into formal assessment reports
- Provided feedback of diagnostic impressions and recommendations for treatment planning
- Maintained timely notes for each session in EPIC, an electronic health record
- Assessment instruments used: WASI-II, PAI, MMPI-A, MMPI-3, BASC-3, BAI, BDI-II, Achenbach Behavioral Checklist
- Full reports completed at this site: 4

Denver Children's Home - Denver, CO

Aug. 2019 – June 2020

Student Clinician

Supervisor: Brittany Rubin, PsyD

- Conducted individual, group, and family therapy utilizing TF-CBT and trauma-informed interventions in the day and/or residential treatment facilities with youth ages 9-18 years
- Maintained timely notes for each session in BlueStep, an electronic health record
- Conducted a monthly staffing for each client to review treatment plans, progress, and goals with relevant personnel and the treatment team
- Attended and participated in day treatment team meetings weekly

University of Denver Counseling Clinic – Denver, CO

Sept. 2019 – Mar. 2020

Student Clinician

Supervisors: Amber Olson, PhD; Mathew Enright, PsyD

- Conducted time-limited dynamic psychotherapy with adults between the ages of 25-50
- Created and assessed progress toward treatment plans and goals
- Provided written and verbal feedback to peers on clinic team
- Maintained timely notes

Denver Jewish Day School – Denver, CO

Oct. 2018 – June 2019

Student Clinician

Supervisor: Rachel Gall, PhD

- Conducted individual and group therapy with K-12 students
- Created individualized treatment plans for each client
- Recorded therapy notes in timely manner
- Attended Student Support Team meetings weekly
- Planned and implemented curriculum for mental health and socio-emotional development lessons for all grades

OTHER PROFESSIONAL EXPERIENCE

Report Writer and Editor – Beaverton, OR

Feb. 2023 – Present

Supervisor: Megan Nichols, PsyD

- Edit comprehensive psychological reports for grammar and clarity
- Write summary and conclusion section based on test data
- Reorganize results to improve overall flow of report
- Reports written and/or edited to date: 45

Psychometrist – Beaverton, OR

Sept. 2023 – July 2024

Supervisor: Stephen Beard, PsyD

- Create and administer a psychological assessment battery with children ages 4-18 for licensed clinicians based on referral question
- Score assessment measures and input data into a test data sheet
- Write up behavioral observations and communicate findings to the referring clinician
- Assessment hours to date: 12

Report Writer – Beaverton, OR

May 2023 – Aug. 2023

Supervisor: Jeff Sosne, PhD

- Ghost-write comprehensive psychological reports for a licensed psychologist utilizing test data and background information
- Attend feedback sessions with the psychologist to deliver results
- Integrated reports written to date: 10

ACADEMIC SERVICE

Pacific University, School of Professional Psychology – Hillsboro, OR April 2023 – Aug. 2025

Student Mentor

- Provided guidance and support to first-year graduate students as needed

Pacific University, School of Professional Psychology – Hillsboro, OR May 2023 – July 2023

Teaching Assistant – Assessment of Children

Supervisor: Alyshia Smith, PsyD

- Provided feedback to doctoral students regarding standardized administration, scoring, and interpretation of the Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V) and the Wechsler Individual Achievement Test, Fourth Edition (WIAT-4).
- Provided additional support to doctoral students as needed
- Maintained ongoing communication between students, teaching assistants, and professors
- Met individually with students to assess competency with administrations of cognitive assessments
- Provided feedback and additional support as necessary to assist students in developing competence in scoring and interpretation

Pacific University, School of Professional Psychology – Hillsboro, OR Jan. 2023 – Mar. 2023

Teaching Assistant – Cognitive Assessment

Supervisor: Niles Cook, PsyD

- Led a lab-based class to assist students with cognitive assessment practices
- Graded assessment reports and provided constructive feedback
- Provided feedback to doctoral students regarding standardized administration, scoring, and interpretation of the Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV) and the Woodcock-Johnson, Fourth Edition, Tests of Achievement (WJ-IV ACH).
- Provided additional support to doctoral students as needed

Pacific University, School of Professional Psychology – Hillsboro, OR Dec. 2022 – Mar. 2023

Student Admissions Committee Member

- Scored admissions essays and collaborated with faculty regarding interview invitations
- Participated in interviews with potential future students

Pacific University, School of Professional Psychology – Hillsboro, OR Sept. 2022 – Mar. 2023

Teaching Assistant – Pacific Psychology and Comprehensive Health Clinic

Supervisor: Niles Cook, PsyD

- Reviewed therapy notes, assessment reports, and treatment plans created by current practicum students
- Provided guidance and support to students on the practicum team
- Worked closely and communicated with supervising clinician about student progress and expectations

University of Denver, Morgridge College of Education – Denver, CO Sept. 2019 – June 2020

Student Mentor

Supervisor: Jennifer Gafford, PhD

- Met with and provided support to incoming graduate students in the master's program
- Attended social events, created a welcoming environment, and eased transition to graduate school

RESEARCH

Pacific University, School of Graduate Psychology - Hillsboro, OR Sept. 2021 – May 2023

Doctoral Dissertation

Joaquín Borrego Jr., PhD, *Dissertation Chair*

- Title: The impact of the COVID-19 pandemic on child and adolescent development: A systematic review
- Wrote a literature review examining the specific academic, social, and psychological effects of the COVID-19 pandemic across age cohorts (early, middle, and late childhood and adolescence)
- Explored systemic impacts of the pandemic and offered clinical and research recommendations.
- Dissertation proposed: July 2022
- Dissertation defended: May 2023

Children's Program – Portland, OR

Nov. 2022 – Apr. 2022

Research Project Presentation

- Title: Differentiating between ADHD and trauma in children and adolescents
- Collected and sorted relevant literature on how to best differentiate between symptoms of ADHD and trauma, especially as it relates to children involved in the child welfare system
- Created a presentation based on the literature and presented relevant findings to clinicians in the group practice

SELECTED TRAININGS AND CERTIFICATIONS

ADOS-2 Module 1-4 Training

Oct. 2024

Indiana Resource Center for Autism

Presenters: Rebecca McNally Keehn, PhD, HSPP; Noha Minshawi, PhD, HSPP

Live, via Zoom

ADOS-2 Introductory & Toddler Module Training

Sept. 2023

Western Psychological Services (WPS)

Presenters: Christina Corsello, PhD; Sarah Spence, MD, PhD; Catherine Lord, PhD

Online (On-demand)

CPR, AED, and Basic Life Support Training for Healthcare Providers

Sept. 2023

American Heart Association

Interprofessional Case Conferences

College of Health Professions, Pacific University

- Interprofessional training in Community Based Rehabilitation Mar. 2023
- Interprofessional training in Judgement Free Sexual Healthcare Jan. 2023

Diversity Conference

May 2022

Decolonizing Psychology: Dismantling Oppression & Empowering the Oppressed

School of Graduate Psychology, Pacific University

Telepsychology Best Practices 101 Therapy Training

July 2021

American Psychological Association

Diversity Conference

May 2021

Resiliency in a Year of Grief and Loss

School of Graduate Psychology, Pacific University

CITI Certification for Social/Behavioral Human Research Course

Jan. 2021

Institutional Review Board, Pacific University

CITI Certification for Research in Human Subjects

Jan. 2021

Institutional Review Board, Pacific University

Trauma-Focused Cognitive Behavioral Therapy Training

Jan. 2020

The Medical University of South Carolina

Presenter: Daniel W. Smith, PhD

Online (On-Demand)

PROFESSIONAL MEMEBERSHIPS

American Psychological Association (APA)

American Psychological Association of Graduate Students (APAGS)

Oregon Psychological Association (OPA)